

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

FOR IMMEDIATE RELEASE

September 24, 2014

Contact: Olga Connor
Rosa Oses-Prealoni
786-336-1276

**VACCINATION IS THE BEST WAY TO
PROTECT YOURSELF FROM THE FLU**

MIAMI – The Florida Department of Health in Miami-Dade County is encouraging the public to protect themselves against the seasonal flu by getting vaccinated.

Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs and can be spread by coughing, sneezing, and close contact. Flu season typically starts in the fall and peaks in January or February, and can last as late as May.

The Centers for Disease Control and Prevention (CDC) recommends annual influenza vaccinations for everyone 6 months of age or older since flu viruses change. Vaccination is especially important for people at high risk of influenza complications, including: people 65 years and older, pregnant women, young children and people of any age with certain chronic medical conditions.

The Florida Department of Health in Miami-Dade County provides flu vaccines at the following centers:

Health District Center

1350 NW 14th Street
Miami, Florida 33125
Monday – Friday
8:00 am – 3:30 pm

Little Haiti Health Center

300 NE 80th Terrace
Miami, Florida 33138
Monday, Wednesday & Friday
8:00 am – 4:00 pm

North Miami Clinic

14101 NW 8th Avenue
North Miami, Florida 33168
Tuesday & Thursday
8:00 am – 4:00 pm

West Perrine Center

18255 Homestead Avenue
Miami, Florida 33157
Monday – Friday
8:00 am – 4:00 pm

CHILDREN ONLY

The flu vaccine is free of cost for children through 18 years of age. For more information, please call the Florida Department of Health in Miami-Dade County, Immunization Services at 786-845-0550 or visit www.dadehealth.org

You may also check with your health care provider or local pharmacy or go to <http://flushot.healthmap.org/> for clinics in your area.

###