

# BURN THE BIRD!!

ENJOY A FREE BAYFRONT WORKOUT



NORTH BAY VILLAGE



OPTIMIST CLUB



**FRIDAY, NOVEMBER 29<sup>TH</sup> @ 9AM**

Dr. Paul Vogel Park, 7920 West Drive

305.632.8905 / [Lift3fitness.com](http://Lift3fitness.com)

**Help the North Bay Village Toy Drive  
and Bring a toy!**



**Do it for the pie!**